

The Macmillan award for leadership and innovation in cancer rehabilitation

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MACMILLAN.
CANCER SUPPORT**



FINALISTS



Thamra Ayton (pictured: Jane Rankin) clinical lead physiotherapist and Alison Robinson, clinical specialist physiotherapist, Belfast Health and Social Care Trust

Physiotherapy pre and rehabilitation for prostate cancer patients

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Michelle Clark, Macmillan occupational therapist, Stephanie Pye (not pictured), Macmillan physiotherapist and Liz McCreery, macmillan dietitian, Pennine Acute Hospitals NHS Trust

North Manchester Macmillan Palliative Care Support Service a redesigned community, integrated model of care

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WINNER

The 'Focusing on cancers chemotherapy's untreated symptoms' study

Laura Caley, research dietitian and Jervoise Andreyev (not pictured), consultant gastroenterologist in pelvic radiation disease, The Royal Marsden NHS Foundation Trust for their FOCCUS study on GI symptoms after chemotherapy.

Chemotherapy is known to cause multiple GI side effects which can lead to dose reductions, breaks or even cessation in treatment and impact quality of life. Patients are often told these GI symptoms are 'inevitable' and 'untreatable'.

This study was set up to determine if GI symptoms could be investigated following an algorithm during and after chemotherapy and whether non-specialist nurses/AHPs working independently could successfully use such an algorithm.

The AHP (a dietitian) and nurse prospectively assessed participants undergoing chemotherapy for the first time, using questionnaires. If new troublesome GI symptoms arose, the nurse/AHP would recommend and order investigations in accordance with the algorithm.

Preliminary findings indicate treatable causes of troublesome GI symptoms can be identified using questionnaires and an algorithm. Both of these could be shared across the UK. Tests selected using an easy-to-use algorithm can help identify the causes of GI symptoms. Non-specialist nurses/AHPs can order these accurately and safely.

“ This passionate and innovative team showed strong leadership and made a sound economic argument in order to improve the patient experience. ”

FIND OUT MORE

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innovation
creativity
leadership
compassion